

Mermaid Dreams

COCOON SET



SIZING

Newborn – 6 Months

SKILL LEVEL

★★★☆☆ Intermediate

FINISHED SIZE

20 in long × 10 in wide
(50 cm × 25 cm)

HOOK & YARN

3.5 mm hook
DK / Light Worsted weight

"A sweet and cozy mermaid cocoon set to keep your baby snug and adorable — perfect for photoshoots and baby shower gifts."



Step-by-Step
Instructions



Stitch Diagrams
Included



Printable
PDF



Yarn Color
Guide



Beginner-Friendly
Notes

Newborn Photoshoots

The perfect prop for a magical mermaid-themed baby photoshoot, ready in a few cozy evenings of crochet.

Thoughtful Baby Gift

A handmade keepsake gift for baby showers, gender reveals, or a new arrival — one-of-a-kind and made with love.

Written for Confidence

Clear row-by-row counts and shaping notes so you always know exactly where you are in the pattern.

Pattern Guide · 6 Pages · US Crochet Terms

1 Before You Begin

MATERIALS

- **Yarn:** DK / Light Worsted weight in Teal, Aqua, Mint, Lilac & Purple
- **Hook:** 3.5 mm (US size E/4)
- **Buttons:** 5 wooden buttons, 15–18 mm
- **Notions:** Yarn needle, scissors, stitch markers
- **Optional:** Shell or starfish appliqués for trim

FINISHED SIZE

- **Length:** 20 in (50 cm)
- **Width:** 10 in (25 cm)
- **Fits:** Newborn – 6 months
- **Gauge:** Work a swatch first — tension affects fit

ABBREVIATIONS (US TERMS)

ch	chain	inc	increase (2 sc in next st)
sc	single crochet	dec	decrease (sc2tog)
hdc	half double crochet	st(s)	stitch(es)
dc	double crochet	sl st	slip stitch
MR	magic ring	[]	repeat instructions in brackets

YARN COLOR KEY

-  Teal — Main body & fin
-  Aqua — Ruffle layer 1
-  Mint — Ruffle layer 2
-  Lilac — Ruffle layer 3
-  Purple — Ruffle layer 4

WHAT'S INCLUDED IN THIS PATTERN

- Step-by-step written instructions for all 5 pieces
- Stitch diagram for the mermaid scale pattern
- Detailed notes for tricky rows & shaping
- Yarn color placement & button guide

2 What You'll Make — 5 Pieces



1

Hood (Headwear)

Worked in continuous rounds from a magic ring, shaped to sit snugly around baby's face.



2

Bodice (Top)

Two flat panels joined at the shoulders, with shell appliqués and a button opening.



3

Mermaid Scales

Four scalloped shell-stitch layers in graduated color, stacked to form the ombré tail.



4

Tail Fin

Two matching panels joined and sewn to the bottom of the scale layers for the finishing flourish.



5

Button Band

A simple sc strip that closes the bodice along one side, finished with 5 evenly spaced wooden buttons.

3 Pattern Instructions — Part 1

1 Hood (Headwear)

Starting at the crown with Teal, work in continuous rounds (do not join unless noted).

R1: 6 sc in a Magic Ring (6 sts)

R2: inc around (12)

R3: [sc, inc] around (18)

R4: [2 sc, inc] around (24)

R5: [3 sc, inc] around (30)

R6-R12: sc around, no shaping (30)

R13: [3 sc, dec] around (24)

R14: [2 sc, dec] around (18)

R15: [sc, dec] around (12)

R16: dec around (6). Fasten off, leaving a tail.

Attach a small starfish or shell appliqué to the top point.

Tip: Place a stitch marker at the start of each round so you never lose count.



2 Bodice (Top)

Worked flat in two panels (front & back), then joined at the shoulders.

Ch 56 to start the front panel.

Row 1: sc in 2nd ch from hook and across (55 sts)

Rows 2-10: ch 1, turn, sc across (55 sts)

Repeat the same for the back panel, then join both panels at the shoulder seams with sl st or sc.

Work one round of sc around the top edge to shape the arm openings.

Attach two shell appliqués to the front, just below the neckline.

Tip: Keep tension even across rows so the bodice sits square on the shoulders.

4 Pattern Instructions — Part 2

3 Mermaid Scales (Ruffle Layers)

Worked in 4 layers using the Shell Stitch, each layer in a new color (Aqua → Mint → Lilac → Purple), then stacked from bottom to top over the body of the cocoon.

Shell Stitch (scallop): [5 dc in next st, skip 2 sts, sl st in next st] — repeat across.

Row 1 (Aqua): work shell row around the bodice base

Row 2 (Mint): attach in the next row up

Row 3 (Lilac): repeat shell stitch pattern

Row 4 (Purple): repeat shell stitch pattern

Overlap each scale layer slightly like fish scales, gathering stitches to create a raised ridge along the top of each row before attaching the next.

LAYER	COLOR	STITCHES	ROWS
1	Aqua	60	4
2	Mint	60	4
3	Lilac	60	4
4	Purple	60	4



4 Tail Fin

Ch 21 in Teal.

Row 1: dc in 4th ch from hook and across (18 sts)

Rows 2-20: ch 2, turn, dc across (18 sts)

Make 2 identical fin pieces, place right sides together, and sc around the edge to join. Sew the finished fin to the bottom of the scale layers.

5 Button Band

Ch 6 in Teal.

Rows 1-30: sc in each ch across (6 sts)

Attach the finished band along the side opening of the bodice. Sew 5 wooden buttons evenly spaced along the band, aligning buttonholes on the opposite edge.

5 Stitch Guide & Assembly

STITCH LEGEND

- chain (ch)
- × single crochet (sc)
- ① half double crochet (hdc)
- ⌘ double crochet (dc)
- Λ increase (2 dc in 1)
- ∇ decrease (sc2tog)
- slip stitch (sl st)
- ↺ repeat pattern

ASSEMBLY ORDER

- **1.** Sew the hood to the top opening of the bodice
- **2.** Attach the scale layers to the bodice base
- **3.** Sew the tail fin to the bottom scale layer
- **4.** Sew the button band along the side seam
- **5.** Weave in all loose yarn ends
- **6.** Add shell or starfish appliqués to finish

HELPFUL TIPS

- Use stitch markers to keep your round count accurate
- Read through all steps once before you start
- Keep tension even for a neat, consistent finish
- Block the finished pieces gently for a professional look

CARE INSTRUCTIONS



Hand wash
cold



Lay flat
to dry



Do not
bleach



Do not
iron



Do not
dry clean

This pattern is for personal use only. Please do not copy, resell, or redistribute this pattern or any part of it.
Finished items made from this pattern may be sold in small batches with credit to **NestyTales**.